

Registration Card - Please Print Clearly

Register by Mail

Name & Title _____

Position _____

Institution Name _____

Mailing Address _____

City _____ State ____ Zip _____

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AACVPR Member Y N

I am attending preconference ____

I am not attending preconference ____

Conference Fee

\$95.00 on registrations postmarked before March 14, 2015;

\$120.00 for registrations postmarked March 15-31, 2015;

\$140 for registrations postmarked April 1, 2015– same day.

\$ 40.00 Student with proof of full time status

Includes 1 yr membership to ISCVPR & pre conference

****Registration fee must accompany registration to hold conference space.**

****You will receive email confirmation of registration and payment received. Bring your confirmation with you to the conference.**

Mail to: Sarah Colias
 Phase III Cardiac Rehabilitation
 Lake Business Center
 9200 Calumet Ave, Ste N100
 Munster, IN 46321

phone 219-934-2830

Make check payable to *Indiana Society of Cardiac & Pulmonary Rehabilitation*

Discount rooms \$119.00 are held until March 24 at
Hilton Garden Inn, Greenwood



**Indiana Society
of Cardiovascular &
Pulmonary Rehabilitation**

28th Annual Meeting

April 16, 2015

Valle Vista

755 E. Main St.

Greenwood, IN

www.vallevista.com

317-882-2955

Pre-Conference April 15, 2015

7pm-9pm

Hilton Garden Inn

5255 Noggle Way

Greenwood, IN

317-888-4814

Pre Conference Objectives:

1. Recognize e-cigarette use in adults & youth.
2. Explain brands and delivery devices for e-cigarettes.
3. Describe use of e-cigarettes in combination with other products.
4. Demonstrate proper use of the PR reimbursement toolkit.
5. Identify significant CR/PR reimbursement issues that need attention and action.
6. Recognize the AACVPR certification process and standards.

Conference Objectives:

7. Describe epidemiology of advanced HF and its scientific basis.
8. Describe optimal guideline-based therapeutic options for general HF.
9. Describe optimal guideline– based advanced therapeutic options of end-stage HF.
10. Define the placebo effect pursuant to fitness.
11. Identify the truth about infomercial claims.
12. Express insight into which is the best exercise machine.
13. Discuss current literature & typical outcomes after pulmonary rehab.
14. Identify key elements that must be maintained after pulmonary rehab.
15. Describe the COPDF Pulmonary Education Program (PEP) as a post-graduation program.
16. Demonstrate the use of self-management tools as a long– term benefit that extends beyond graduation from pulmonary rehab.
17. Recognize current business and goals for ISCVPR members.
18. Recognize the diversity in spirituality that may be encountered with our patient care.
19. Separate variations in patient’s religious beliefs.
20. Identify cultural differences in patient’s religious practices.
21. Identify the American Heart Association Dietary Guidelines.
22. Verbalize approaches to impact changes in eating habits.
23. Identify CR/PR’s role in putting the healthy diet/ lifestyle message together.

Pre-Conference, Wed. April 15, 7p-9p

7-8pm E-Cigarettes– Shelia Evans

8-9pm Reimbursement & Certification Updates–

Debbie Koehl, Susan Bauman, Susie Carter

Conference ,Thursday, April 16, 2015

7:00 a- Registration/ Visit Vendors

8:00 a **Continental Breakfast**

**8:00a- Contemporary Advanced Heart Failure:
Hope for the Hopeless**

Jose Finet, MD

**9:00a- Separating Fact from Fiction in the
Fitness Industry**

John Porcari, Ph.D.

10-10:30a Break

10:30- COPD Management

Scott Cerreta, BS, RRT

11:30p- Business Meeting

Joe Newman, ISCVPR President

12:00-1:00p Lunch/ visit Vendors

1:00p- Meeting Spiritual Needs of Patients

Dick Bailey, D.Min

2::00p– Making Our Nutrition Message Positive

Kathy Cowden, RD, CD

3:00-3:15p- Reimbursement Recap

Susan Bauman, Debbie Koehl

3:30p- Evaluation, Contact Hours, Adjourn

About Our Speakers

Sheila Evans , LPN
Community Health Program Manager, IU Health
Bloomington, IN

Debbie Koehl, MS, RRT, AE-C
ISCVPR Reimbursement Chair, Past-President
Indianapolis, IN

Susan Bauman, BSN, BC
ISCVPR Reimbursement Chair, Past-President
Valparaiso, IN

Susie Carter,
Supervisor Cardiopulmonary Rehab, IU Health
Bloomington, IN

Jose Finet, MD
Director, Cardio-Oncology, IU Health
Indianapolis , IN

John Porcari, Ph.D.
Executive Director, LaCrosse Exercise & Health Program
University of Wisconsin– LaCrosse

Scott Cerreta, BS, RRT
COPD Foundation, Director of Education
Miami, FL

Joe Newman, MS
ISCVPR President
Indianapolis, IN

Dick Bailey, D. Min
Staff Chaplain, IU Health– Methodist
Indianapolis, IN

Kathy Cowden, RD, CD
Clinical Dietician, Franciscan Alliance– St. Francis
Indianapolis, IN

Planning Committee

Connie Wilson, RN - Chairperson

Susan Bauman, BSN,BC

Katrina Riggan, MS

Carmen Garringer, EPC

Lauri Heflin, MS

Patty Lake, EP, BS

Sarah Colias, RN

Debbie Koehl, MS, RRT

Darrika Van, MS, RECP

Susie Carter, BSN

Course Description

This symposium is designed for primary care physicians, nurses, respiratory therapists, exercise physiologists, and others involved in primary and secondary prevention of CVD and pulmonary disease. The focus of the presentation is to provide current information to the health care professional relating to the total management of the patient with coronary and pulmonary disease and other chronic illnesses.

Contact Hours~

An application has been submitted to the AACVPR and AARC for approval of contact hours.

Contact Hours are available at no cost, at the registration table at the completion of the conference.

The ISCVPR would like to thank all of our sponsors for their generous support of this meeting. Please take the opportunity to visit their displays.

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