

Registration Card - **Please Print Clearly**

Register by Mail

Name & Title \_\_\_\_\_

Position \_\_\_\_\_

Institution Name \_\_\_\_\_

Mailing Address \_\_\_\_\_  
\_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

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Work Phone (\_\_\_\_\_) \_\_\_\_\_

Email \_\_\_\_\_

AACVPR Member    Y        N

I am \_\_\_\_\_ / am not \_\_\_\_\_ attending preconference

Conference Fee

\$95.00 on registrations postmarked before March 20, 2017;  
\$120.00 for registrations postmarked March 21-Apr 5, 2017;  
\$140 for registrations postmarked April 6, 2017– same day.  
\$40.00 Student with proof of full time status  
Includes 1 yr membership to ISCVPR & pre-conference

**\*\*Registration fee must accompany registration to hold conference space.**

**\*\*NO EXCEPTIONS TO ABOVE CONFERENCE RATES\*\***

**\*\*You will receive email confirmation of registration and payment received.**

**Bring your confirmation with you to the conference.**

Mail to:                    Sarah Colias  
                                Phase III Cardiac Rehabilitation  
                                Lake Business Center  
                                9200 Calumet Ave, Ste N100  
                                Munster, IN 46321  
                                phone 219-934-2830

Make check payable to *Indiana Society of Cardiac & Pulmonary Rehabilitation*

Discount rooms \$140.00 are held until Mar 20 at Hilton Garden .

*30th Annual Meeting*

**April 20, 2017**

Valle Vista

755 E. Main St.

Greenwood, IN

[www.vallevista.com](http://www.vallevista.com)

317-882-2955

**Pre-Conference April 19, 2017**

**7pm-9pm**

Hilton Garden Inn

5255 Noggle Way

Greenwood, IN

317-888-4814

**Pre-Conference, Wed. April 19, 7p-9p**

7-9pm **How to Successfully Prepare for  
2018 Program Certification**  
Susie Carter

\*\*hors d'oeuvres sponsored by Mortara

\*\*cash bar available

**Conference, Thursday, April 20**

7:00 a- Registration/ Visit Vendors

8:00 a - Continental Breakfast

8- 9:00a **R2R & EPMs-What's the Connection &  
Why You Care**  
Karen Lui

9-10:00a **Health Literacy-its Influence on  
Education & CV Health Outcomes**  
Karen Yehle / Kim Plake

10-10:30a    Break/Visit Vendors

10:30– **Issues & Answers for Effective Long Term**

11:30a **O2 Therapy– Technology & Reimbursement**  
Bob McCoy

11:30- **Business Meeting**

12:00p                    Patty Lake, ISCVPR President

12:00-1:00p **Lunch– sponsored by Scottcare: Visit Vendors**

1-2:00p **Women's CV Health**  
Julie Frey

2-2:15p– Break

2:15-3p- **Promoting Wellness through Nutrition:  
You Are What You Eat**  
Chrissy Arsenault

3-4p- **Assessing Physical Activity as a  
Core Component**  
Leonard Kaminsky / Mary Imboden



## About Our Speakers

Susie Carter, BSN, BC, FAACVPR  
AACVPR Program Certification Committee  
IU Health- Bloomington

Karen Lui-, RN, MS, MAACVPR  
AACVPR National Reimbursement Rep  
GRQ Consulting, Ft. Myers, FL

Karen Yehle, PhD, MS, RN, FAHA  
Director of Graduate Programs, Purdue University  
Lafayette  
Kimberly Plake, PhD, RPh, FAPhA  
Director Academic/Ambulatory Care Fellowship Prog.  
Purdue University, Lafayette

Bob McCoy, RRT, FAARC  
Valley Inspired Products  
Apple Valley, MN

Julie Frey  
IU Health– Bloomington

Chrissy Arsenault, RD, CD  
Franciscan Health  
Indianapolis

Leonard Kaminsky, Ph.D, FAACVPR, FAHA, FACSM  
Ball State University Professor  
Muncie

Mary Imboden, MS, Doctoral Candidate  
Ball State University

## Pre Conference Objectives:

1. Understand AACVPR Program Certification Process.
2. Understand new requirements for 2018 AACVPR program certification.

## Conference Objectives:

1. Attendees will recognize current changes in Medicare payment.
2. Attendees will understand program self-assessment to assist in selection of best practice strategies.
3. Describe the impact of health literacy on cardiovascular health.
4. Identify health literacy tools for the clinical setting.
5. Describe 3 issues that impact consistent oxygen delivery from portable oxygen concentrators.
6. Identify 2 back up modes for patients sleeping on a portable oxygen concentrator.
7. Describe 2 consequences of increased respiratory rate on continuous vs intermittent flow oxygen delivery.
8. State ISCVPR 2016 accomplishments and 2017 goals.
9. Identify program advantage as an ISCVPR & AACVPR member.
10. Recognize special considerations for women with CAD.
11. Identify the role ethnicity plays in an individual's rehab programming.
10. Identify appropriate medical nutrition therapy & interventions for various disease states r/t cardiac, pulmonary, and diabetic patient care.
11. Provide basic healthy eating tips for patients with co-morbidities as part of treatment plan.
12. Recognize the role of nutrition & the role of the RD as a member of the multidisciplinary team.
13. Identify appropriate referral opportunities for education, counseling, meal planning, & other nutritional needs to provide holistic care.
14. Recognize the importance of assessing physical inactivity as a risk factor, as noted in the AACVPR Core Components for Cardiac Rehabilitation.
15. Identify the types of physical activity assessment concepts and procedures.
16. Describe the recommended approach for performing a standardized assessment of physical activity in all Cardiac Rehabilitation programs.

## **Planning Committee**

*Susan Bauman, BSN, CCRP– Chairperson*

*Patty Lake, BSN, CEP*

*Sarah Colias, RN , CCRP*

*Lauri Heflin, MS, RN*

*Debbie Koehl, MS, RRT*

*Carmen Garringer, BS, EPC*

*Christine Taylor, ES, CCRP*

*Susie Carter, BSN, BC, FAACVPR*

*Connie Wilson, MSN, CCEP*

*Katrina Riggan, MS*

*Cheryl Dunham , RRT, AE-C, CCRP*

### Course Description

This symposium is designed for primary care physicians, nurses, respiratory therapists, exercise physiologists, clinical dieticians, physical therapists, and others involved in primary and secondary prevention of CVD and pulmonary disease. The focus of the presentation is to provide current information to the health care professional relating to the total management of the patient with coronary and pulmonary disease and other chronic illnesses.

### Contact Hours-

*An application will be submitted to the AACVPR and AARC for approval of contact hours.*

Contact Hours are available at no cost, at the registration table at the completion of the conference.

*The ISCVPR would like to thank all of our sponsors for their generous support of this meeting. Please take the opportunity to visit their displays.*

## ***Scottcare-Premium Sponsor***

### **Mortara/Cardiac Science– Platinum**

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*(more to come)*

